

Princess Weekly Progress Report

Self-discipline is remembering what you REALLY want.

GOAL

Select: Diet/Exercise, Finance, Relationship, Getting Organized

WEEK #

YOUR RULES

PRINCESS REASONS

REWARD

Day/Date

What Happened Today?

We Princess
Won Won

GOAL RESULT _____

Grade ____ A=7, B=6, C=5, D=4, F=3 and under

Total

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